



NHCC'S Annual Fair Week!

We all love the festivities of the Iowa State Fair! Every year we beat the heat and have our very own "Fair Days" right here at the facility! August 14-18th, we invite all family and friends to attend!

We are planning a variety of fun activities, such as a petting zoo, cake walk, farm animal craft, and tons of carnival games. Our newest games will include potty toss, a water balloon launching game for outdoors, along with ring bottle toss and go fishing. We also have 2 new musicians performing; Mark Challis and Steve Castell.

Wait, what's most important is the food, right? This week we are making tons of fattening goodies, including funnel cakes, cotton candy, twinkie logs, fair squares, corn dogs, fried candy bars, oreos, brownies, and more!

Our staff will also be competing to win our Costume Contest, which sends them to the Mall of America for an overnight trip! Our contest days include Farmer Joe Day, Marvelous Hat Day, Fair Queen Day, Clown Day, and Favorite Carney Day! This should be hilarious!

Check out our calendar for a complete list of activities and times. We hope to see you there!

NEWTON MONTHLY MESSENGER

"RESIDENT'S FIRST, STAFF ALWAYS"

Thanks with Franks!

Join us at "Thanks with Franks" on the Newton square on September 7th from 5:30. We are trying to narrow down which creative dog we want to do. Our staff is voting on the Rueben dog, Thanksgiving dog, Smores Dog, Loaded Potato dog, and Hot Pocket dog! Come out and see what we've picked!

MANI/ PEDI CLINIC

Our monthly Toe Clinic will continue to be held on the last Tuesday of every other month from 1-3pm. Our next one is August 29th. This is free to everyone and it feels wonderful, so if you haven't tried it yet you should! We offer foot soaks, leg and foot massages, and trimming, filing, and painting of your fingernails and toenails. Bring your friends and have an afternoon of pampering on us! And remember to join us for Community Bingo on the alternating months, same day and time!

Dementia Support Group

Newton Health Care is offering a Dementia Support Group on the third Tuesday of every month. Anyone with questions or concerns is welcome to attend. This is held by our Social Service Director, Mariah Fox, and Jeff Wisinski from "Home Instead". Our next group is on August 15th at 3:30pm. Support and strategy can help those who suffer from Dementia, along with their family members, caregivers, and friends.

Staff Anniversaries & Birthdays

- Bre Sells- Happy Birthday on the 1st
- Kalie Winningham- Happy Birthday on the 5th and 1 yr. service
- Virginia McCuen- Happy Birthday on the 9th
- Sam Montgomery- Happy Birthday on the 21st
- Connie Vannoy- Happy Birthday on the 22nd
- Tricia Phillips- 1 yr. service
- Angie Chindlund- 3 yrs. service
- Ashley Carter- 3 yrs. service
- Mikie Hansen- 3 yrs. service
- Kylie Cooper- 10 yrs. service



RESIDENT BIRTHDAYS

- Phyllis Hohensee 2nd
- Mary Mason 4th
- Shirley Vandenderen 15th
- Phyllis Beard 20th
- Janice Dorman 22nd
- Floyd McNew 23rd
- Glenda Brown 30th

Welcome New Residents

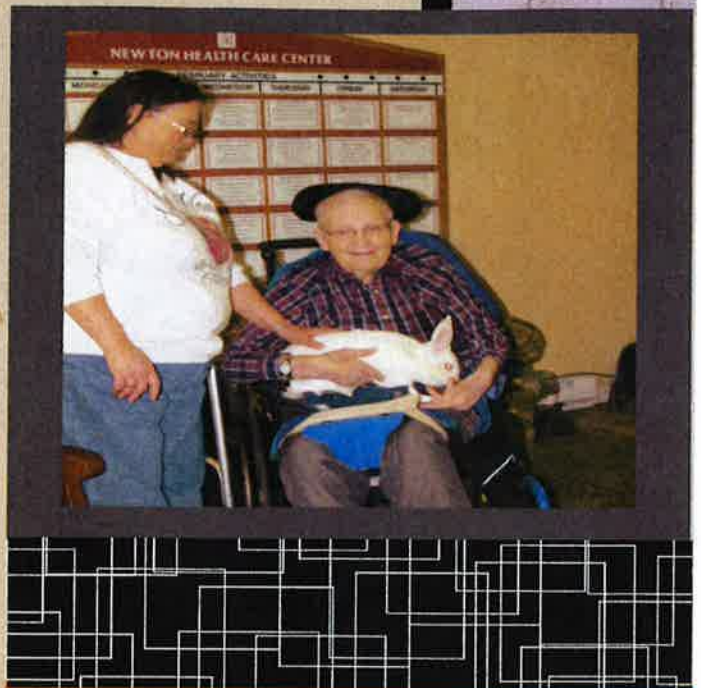
- Mabel Knox
- Doug Vanrees
- Terry Vanrees
- Marcy Morrison
- Ray Dutton

Dates to Remember

- National Parks Month
- National Golf Month
- National Catfish Month
- National Watermelon Day (3rd)
- National Chocolate Chip Cookie Day (4th)
- National Smores Day (10th)
- State Fair Week (14-18th)
- Elvis Week (10-16th)
- National Lemon Meringue Pie Day (15th)
- Lemonade's Birthday (20th)
- Anniversary of the release of Wizard of Oz (25th)
- National Dog Day (26th)

In Loving Memory

Jim Vangorp, Jen Porter, Linda Jackson, and Cynthia Butler passed away in the month of July. Our thoughts and prayers go out to their family and friends. They will be deeply missed!



August 2017

Activity Highlights

8/2 Outdoor evening music event with
Mike Castell 7pm

8/4 Men's Breakfast Outing 8am

8/7 Pet Therapy with Joey the dog 10am

8/8 Hot Dog Bar Luncheon-Picking our
dog for Thanks with Franks

8/14 Outing to Sully Coffee Cup Café

8/15 Staff and Resident Smores Dessert
Party 2:45pm

21-25th NHCC State Fair Week

8/29 Toe Clinic for Public 1-3pm

8/30 Outing to Des Moines Botanical
Gardens



Recipe Corner- Zucchini Boats on the Grill

1. Prepare the grill for indirect heat.
2. Place the zucchini in a pot with enough water to cover. Bring to a boil, and cook 5 minutes. Drain, cool, and cut in half lengthwise. Scoop out the pulp to about 1/4 inch from the skin. Chop pulp.
3. In a bowl, mix the zucchini pulp, bread pieces, bacon bits, olives, jalapeno, green chile peppers, onion, tomato, and Cheddar cheese. Season with basil, seasoned salt, and pepper.
4. Stuff the zucchini halves with the pulp mixture. Seal each stuffed half in aluminum foil.
5. Place foil packets on the prepared grill over indirect heat. Cook 15 to 20 minutes, until tender and enjoy!