

# *Newton Monthly Messenger*

## Beating the Flu



Cold and Flu prevention is always our top priority during flu season. Flu is a serious contagious disease that can lead to hospitalization and even death. The risks are highest for the youth and elderly populations. Therefore, when our residents show signs or symptoms we start in-room precautions immediately. We are asking if you yourself are showing any signs or symptoms of cold or flu to please not visit until symptoms reside. We understand this is difficult for our residents and their visitors but the health and well-being of our resident is most important. Family members can always call and check in without putting their loved ones at risk. Please feel free to call us regarding any questions or concerns you may have. Thank you!

## New Beautician!

We now have a new Beautician, Lori Osborn. Her schedule will be every Tuesday from 9am to 3:30pm. She is working hard to make sure all our residents are being caught up on hair do's. If you have any questions for her or would like to make an appointment for your loved one you can contact her at the facility.

## *Newton Health Care Center*

200 South 8<sup>th</sup> Avenue East Newton, Ia.  
50208  
641-792-7440

*If you are interested in touching others lives and making a difference, please inquire about our variety of volunteer opportunities. For more information contact our Life Enrichment Coordinator; Kim Judge.*



## Activity Highlights

- 2<sup>nd</sup>- National Ice Cream for Breakfast Day!
- 5<sup>th</sup>- Soup Luncheon
- 7<sup>th</sup>- Community Bingo @ local Senior Center 10am
- 8<sup>th</sup>- Music & Massage Activity 10am
- 9<sup>th</sup>- National Pizza Day- Pizza Luncheon
- 12<sup>th</sup>- Order in Chinese Day
- 13<sup>th</sup>- "NewMusic" by Luke 2pm
- 14<sup>th</sup>- Crowning of Valentine King & Queen and Homemade Pie Party 2pm
- 15<sup>th</sup>- Sponsoring Free Coffee @ Hy-Vee
- 19<sup>th</sup>- Hot Shaves for the Men
- 27<sup>th</sup>- Mardi Gras Party 2pm



## February Dates to Remember...

- National Wear Red Day (2<sup>nd</sup>)
- National Bubble Gum Day (2<sup>nd</sup>)
- National Eat Ice Cream for Breakfast Day (3<sup>rd</sup>)
- National Cherry Month
- Black History Month
- Canned Foods Month
- Super Bowl 52 (2<sup>nd</sup>)
- Pride in Food Service Week
- Ash Wednesday (13<sup>th</sup>)
- Fat Tuesday (13<sup>th</sup>)
- Valentine's Day (14<sup>th</sup>)



**Resident Birthdays**

- Louise McKinney 3<sup>rd</sup>
- Dorothy Lickey 5<sup>th</sup>
- Helen Bell 8<sup>th</sup>
- Elmer Shepard 13<sup>th</sup>
- Mabel Hobbs 27<sup>th</sup>
- Mabel Knox 27<sup>th</sup>

**Welcome New Residents**

- Pansy House
- Carolyn Ferguson
- Jean Holmes
- Vada Wickliff

**Staff Birthdays & Anniversaries**

- Ashley McDaniels 3<sup>rd</sup>
- Kelly Dodge 5<sup>th</sup>
- Rachel Richardson 9<sup>th</sup>
- Mariah Fox 19<sup>th</sup>
- Suzie Jurgensen 16<sup>th</sup>
- Jaci Umbarger- 1 yr. service
- Sam Lewiston- 4 yrs. service
- Carol Adams- 5 yrs. Service
- Virginia McCuen- 7 yrs. service

**In Loving Memory...**

Kathleen Luther and Wanda Willemsen passed away in the month of January. Our thoughts and prayers go out to their families. They will be missed by all.

**Celebrating Food Service Week**

We would like to give a big shout out to our Dietary Department! They all do such a wonderful job at making sure the residents have delicious meals and a say in what they're eating. They make a point to add good flavor to our residents' lives!

When you see them, please give them a big pat on the back;

Dee Jones, Amanda Bruce, Rachel Richardson, Chris Hewitt, Ashley McDaniels, Selena Allen, Virginia McCuen, Shamus Baltisberger, and Shannah Ergenbright.



*We would like to celebrate our list of sweethearts and how long they've put up with each other! Happy Valentine's Day to you all!*

- *Vee & Diana Hughes 11 years*
  - *Jerry & Barb Sanders 41 years*
  - *Harold & Helen Bell 41 years*
  - *Robert & Joyce Brown 56 years*
  - *Roger & Janice Meador 57 years*
  - *Don & Glenda Brown 60 years*
  - *Elmer & Arlys Shepard 61 years*
  - *Jack & Marilyn Rhone 63 years*
  - *Bob & Donna Baarda 64 years*
  - *Jerry & Charlotte Damman 69 years*
  - *Paul & Arlene Craver 73 years*
- Harold & Vada Wickliff 62 years*
  - Larry & MaryAnne Loupee 60 years*
  - Bo & Shirley Modlin 62 years*
  - Warren & Winona Clark 34 years*

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