

JANUARY 2019

NEWTON MONTHLY MESSENGER

Another Great Holiday Season!

I would like to thank everyone who helped make our loved ones' holiday so special this year! We had numerous groups who donated through gifts, money, cards, crafts, Christmas caroling and just spending quality time with us! It means a lot to our facility and our residents. Our thanks go to:

- Carol Macksey & Tori Reynolds
(Mission Coalition)
- Berg Middle School Band, Choir,
and Special Education Classes
- The Sherman Sunbeams 4H Club
- Santa & Mrs. Clause (Dee Jones &
Linda Brown)
- Home Instead
- Jasper Co. Veteran's Affairs
- TPI



- Newton Christian School
- Sacred Heart Youth Group
- Mingo Methodist Church
Carolers and Performers
- Community Heights Alliance
Church Carolers
- Severen & Friends Caroling
- The Staff and Family Members at
NHCC
- Monroe American Legion
- Alicia Wright at Avalon Hospice



Flu Season is in Full Effect!

It is the time of year for colds, flu, and all the fun things that come with winter!

We cannot express enough the importance of protecting yourself and your loved ones from becoming sick.

We want to give a friendly reminder that if you are feeling under the weather or showing flu-like symptoms, please do not visit our facility. Symptoms can include fever, chills, nausea, vomiting, body aches, coughing, etc. Help us in protecting our Residents and your loved ones by following these simple precautions. A few ways to help prevent illness is to always wash your hands, avoid touching your face, get your yearly flu vaccine, and stay away from others who may be sick.

Here's to a healthy 2019!



Resident Birthdays

- MaryAnne Loupee 17th
- Tony Politano 27th
- Ruth Sharp 28th
- Sharie McDermott 30th
- Vee Hughes 31st

Welcome New Residents

- Frank Otterness
- Marilyn Vanbaale

Staff Anniversaries & Birthdays

- Happy B-day to Sharon Harrington 12th
- Happy B-day Cathy Worthington 20th
- Happy B-day to Lori Odem 31st
- Happy B-Day to Tina Barton 31st and celebrating 5 yrs. Service!
- Josh Jones celebrates 4 yrs. Service!
- Kendrea Wolka celebrates 3 yrs. Service!
- Barb Hamblem celebrates 2 yrs. Service!
- Kirsten Young celebrates 1 yr. Service!

Quote from Sharon

“Never, never be afraid to do what’s right, especially if the well-being of a person or animal is at stake. Society’s punishments are small compared to the wounds we inflict on our soul when we look the other way.”

-Martin Luther King Jr.



January Dates to Remember...

- Baking Bread Month
- National Cancer Prevention Month
- National Hot Tea Month
- National Croissant Day
- Human Resources Month
- Maintenance Day
- National Pie Day
- National Activity Professionals Week
- National Soup Month
- Dementia Support Group (15th)
- Free Coffee at HyVee sponsored by us (17th)
- Free Community Bingo sponsored by us (2nd)

Spicy Sriracha Chicken Wings for Super Bowl!

Preheat oven to 425. In a large bowl combine 1 cup of melted butter and 3/4c. of sriracha. Spread 4 pounds of chicken wings on an oiled baking sheet. Lightly coat wings with sauce, then sprinkle with kosher salt and pepper. Bake in oven for about 1 hour or until crisp. Remove and coat wings in leftover sauce. Serve with a drizzle of honey or your favorite hot sauce. Enjoy!

NEWTON HEALTH CARE CENTER & TRU-REHAB

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