

NEWTON MONTHLY MESSENGER

March 2019

- "Residents First" is not just our logo, it's our way of life.



Annual Toe Clinic & Community Bingo Coming Soon!

Our Toe Clinic for the public will be returning on April 30th from 1-3pm! We offer hot foot soaks, massages, clipping, filing, and painting of toe nails. Remember all our services are free to the public, but donations are welcome as well.

In May we are bringing back our Community Bingo here at our facility, which is free to the public as well. Our schedule is...

Toe Clinic is April 30th, June 25th, and August 27th from 1-3pm. Community Bingo will be held on May 28th, July 30th, and September 24th at 2pm.

If you have any questions, please call Kim Judge or Katie Kuhn at 641-792-7440!

Making A Difference 2019

Our owners, IMG, are challenging us to spend this year focused on giving back to our community. The goal is to allow our Residents and staff to be an integral part of the giving. It keeps our Residents connected, our staff engaged, and we all feel better because we know we are making a difference!

In March we are focusing our attention to The Jasper County Animal Rescue League!

To raise funds, we are doing "Paws for a Cause". Paw prints are \$1.00 donations. You can put the name of your pet, either living or passed on, and attach a photo beside it. We plan to attach them on the glass dining room window just inside the front door.

The Residents will be helping by making toys and blankets for the animals, along with pet treats. We plan to make a visit at the end of the month, so our Residents can present them with our donations and gifts.

Our facility will also be hosting a Pet Food Drive to help fill the ARL's shelves. We are dedicating our entire month of March for this facility!

You as family are encouraged to be involved! Please help us with donations and collecting pet items. Our community needs our help and what a great cause this is!

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Jim and Glenna Penny at our Sweetheart's Luncheon.



Don and Marilyn Vanbaale giving their wedding vows.



Robert and Mary as our Valentine King & Queen 2019!



RESIDENT BIRTHDAYS!

- FRANCES KIBBEE 17TH
- RUTHIE LUNDBERG 18TH
- LARRY LOUPEE 29TH

A BIG THANK YOU FROM KATHY WORTHINGTON!

IN LOVING MEMORY...

WANDA REED PASSED AWAY IN THE MONTH OF FEBRUARY. OUR THOUGHTS AND PRAYERS GO OUT TO HER FAMILY AND FRIENDS. MAY SHE REST IN PEACE.

QUOTE FROM SHARON

“IF WE HAD NO WINTER, THE SPRING WOULD NOT BE SO PLEASANT”.

-ANNE BRADSTREET

Staff Birthdays & Anniversaries

- Kim Belloma- 5 yrs. Service
- Wanda Hannagan- 11 yrs. Service

Welcome New Residents!

- Don Vanbaale
- Patsy Smith
- Sarah Hallstrom
- Pauline Edge
- Donna Alba

Monthly Highlights!

- Sponsoring Free Coffee at HyVee by us 21st
- Last Homemade Soup Luncheon of the year 21st
- Community Bingo at Senior Center 6th
- Daylight Saving Time Begins 10th
- St. Patrick's Day 17th
- National Social Worker Month
- Doctor's Day 30th
- Dentist Day 6th
- Medical Directors Day 20th
- Employee Appreciation Day 8th
- Dietician Day 13th
- National Kidney Month
- National Bacon Month

Support Groups

Every month we host a Dementia Support Group to help support our families with loved ones with Dementia. Our next meeting will be held on March 19th at 3:30pm. Our presenters are Jeff Wiesinski and Mariah Fox. They will speak and answer questions about managing the ups and downs and frustrations of this disease.

Alicia Wright from Avalon Hospice has recently been hosting a "Coping with Grief/Life" activity for our Residents. This seems to be successful, giving them a chance to voice their thoughts, feelings, and opinions. Alicia will be here on March 14th at 10am, weather permitting. Life is full of challenges, and we would like to offer any help that we can. These support groups are free to the public and anyone is welcome to attend!

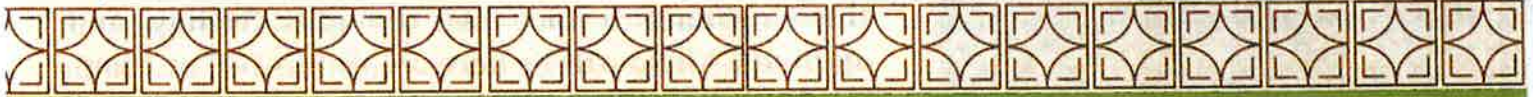


Sharie McDermott & Evelyn Tedrow celebrating Mardi Gras.

RECIPE OF THE MONTH-

Irish Soda Bread

Preheat oven to 375 degrees Fahrenheit and lightly grease a large baking sheet. Using a large mixing bowl, combine 4 cups of all-purpose flour, 4 tbsp. sugar, 1 tsp. baking soda, 1 tbsp. baking powder, ½ tsp. salt and ½ cup of softened margarine. Mix in 1 cup of buttermilk and 1 egg. Turn and knead dough on a lightly floured surface. Form dough into a round ball and place onto lightly greased baking sheet. In a small mixing bowl, combine ¼ cup melted butter and ¼ cup buttermilk. Brush the butter and buttermilk mixture on top of loaf of bread and cut a "X" on the top of the loaf. Bake in the oven for 40 to 50 minutes or until a toothpick is poked through the bread to the center and comes out clean.



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