

## *Newton Monthly Messenger*

### Pride in Food Service Week!



National Pride in Food Service Week is celebrated February 3-7th. We would love to honor our Dietary Department and all the hard work they put in each day. A big shout out goes to our Dietary Manager, Sarah Rodrigues, and her team of Chris Hewitt, Shannah Ergenbright, Ashton Ford, Jessi Whitten, and Taylor Fox! Thank you for always going the extra mile to make our residents, staff, and families happy!

### National Canned Foods Month

We will be holding a canned food drive for the entire month of February. If you would like to donate, bring in your items to the tote in the activity room. This includes all non perishable items, such as boxed foods, toilet paper, toothpaste, etc. We will donate to our local food pantry at Discover Hope. The competition is heating up between Team Hungry Hippos and Team Hunger's Hero's! Get an early start on your spring cleaning and help others in need in our community! Together, we CAN do it!

### *Newton Health Care Center*

200 South 8<sup>th</sup> Avenue East Newton, Ia.  
50208  
641-792-7440

*If you are interested in touching others lives and making a difference, please inquire about our variety of volunteer opportunities. For more information contact our Life Enrichment Coordinator; Kim Judge.*

## February Sweethearts!

- Vee and Diana Hughes- married 12 years
- Jerry and Barb Sanders- married 42 years
- Elmer and Arlys Shepard- married 62 years
- Jerry and Charlotte Damman- married 70 years
- Bo and Shirley Modlin- married 63 years
- Frank and Carla Robeson- married 24 years
- Jerry and Shirley Crady- married 59 years
- Larry and Marge Thomas- married 56 years
- Ray and Doris Dickerson- married 57 years
- Joe and Sandra Dodge- married 34 years
- George and Sarah Hallstrom- married 66 years
- Paul and Debbie Higginbotham- married 69 years
- Jim and Glenna Penny- married 35 years
- Tom and Ruth Sharp- married 36 years

*(Pictured below-Doris giving some motherly love)*



*(Pictured above-Goodbye party for Kylie & Mikie!)*

## February Dates to Remember...

- National Snack Foods Month
- National Potato Lovers Month
- American Heart Month
- Black History Month
- National Cherry Month
- National Canned Foods Month
- Groundhogs Day (2<sup>nd</sup>)
- Presidents Day (17<sup>th</sup>)
- Bubble Gum Day (7<sup>th</sup>)
- Pride in Food Service Week (3-7<sup>th</sup>)
- Valentine's Day (14<sup>th</sup>)
- Wear Red Day (7<sup>th</sup>)

**Resident Birthdays**

- Debbie Brayton 11<sup>th</sup>
- Elmer Shepard 13<sup>th</sup>

**Welcome New Residents**

- Lois Hessey
- Thad Chamberlain
- Omar Hummel
- Norma Jean Miller
- Dana Woody

**Staff Birthdays & Anniversaries**

- Eliza Noga 11<sup>th</sup>
- Suzie Jurgensen 16<sup>th</sup>
- Tracy Hammer 17<sup>th</sup>
- Mariah Fox 19<sup>th</sup>
- Cheyenne Griffith 20<sup>th</sup>
- Bonnie Herrin 22<sup>nd</sup>
- Amanda Vegter-1 yr.
- Whitney Morrison-1 yr.
- Danielle Osborn-1 yr.
- Carol Adams-7 yrs.
- Virginia McCuen-9 yrs.

**In Loving Memory...**

Mabel Hobbs, Roger Conn, Jaimie Debates, and Kayleen Alter passed away in the month of January. Our thoughts and prayers go out to their families. They will be missed.



**STAFF SPOTLIGHT-**  
**New Director of Nursing Brenda**  
**Ruchti!**

Give a warm welcome to our new Director of Nursing Brenda Ruchti!

Brenda attended college at Marshalltown Community College, has her 4-year degree, and has been working as a Nurse for over 20 years. She is married to her sweetheart, Fred, for 27 years. Brenda says they are homebodies! She enjoys her evenings curling up on the couch watching cooking shows, NCIS, and loves to do sudoku and other puzzle books.

Brenda plans to continue her schooling and return for her bachelor's degree later this year. When asked what her favorite part of being a Nurse was, she replied "I have always enjoyed helping others, but my favorite part is listening to their crazy stories. You definitely learn a lot." Please welcome Brenda to our facility!

*To love oneself is the beginning of a lifelong romance.*

*-Oscar Wilde*

## Recipe of the Month-Valentine's Day Raspberry Rolls

Roll a thawed loaf of bread dough into a large rectangle. Toss a large bag of frozen raspberries in with 1/4c. sugar and 1 tbsp. corn starch and sprinkle mixture evenly over rectangle. Tuck as many berries as you can along the edges and roll towards the center and stop. Repeat on the other long edge and stop in center. The bumps of the berries will help to make the heart. Next cut the log into 12 equal pieces-using dental floss works best. Cut the log into half, then each half into half, then each of those pieces into thirds. Place 6 rolls each into 2 round cake pans. Point the edges at the bottom to shape into a heart. Cover and let rest for 1 ½-2 hours. The dough will not rise much but as the berries melt, it will produce a lot of juice in your cake pans. Bake at 350 for 25-30 minutes. Allow rolls to cool completely, then top with your favorite glaze. Enjoy!

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