

# NEWTON MONTHLY MESSENGER



## Easter Coloring Contest!

Join our Easter Coloring Contest! You can either come to the facility to pick your favorite coloring page or print one from our website. It is on our homepage at the bottom as a pdf. These are due back by April 20<sup>th</sup>. Our residents will be the judges and pick 1<sup>st</sup>, 2<sup>nd</sup>, and 3<sup>rd</sup> place winners to receive amazing easter baskets! Happy Easter to all and we cannot wait to see your artwork!

## Bike/Walk-a-thon

This month we are doing a fundraiser for the upcoming MS Walk in Des Moines. We want to incorporate our residents in a Bike/Walk-a-thon! This is how it works: staff members will pick a resident to sponsor. They will encourage that resident to walk the halls or bike on our NuStep, Omnicycle, or Restorator. When your resident reaches 1 mile, the sponsor will owe \$10.00 to the donation pot! Staff can then sponsor a new resident and start over! The overall goal is to raise \$300.00, but also to increase our resident's mobility and be a part of such a special cause.



## **New Maintenance Director!**

**Welcome Sara Bergeson, our new Director of Maintenance! Sara is very excited to be a part of our team. She learned most of her trade from working along side her father and picked up other skills as she continued working. She loves to tinker and figure out how things are built. Please welcome Sara to our facility and let her know if you need anything!**



### **April Dates to remember...**

- **April Fool's Day (1<sup>st</sup>)**
- **Peanut Butter & Jelly Day (2<sup>nd</sup>)**
- **National Siblings Day (10<sup>th</sup>)**
- **National Gardening Day (14<sup>th</sup>)**
- **Good Friday (15<sup>th</sup>)**
- **Easter Sunday (17<sup>th</sup>)**
- **National Stress Awareness Day (18<sup>th</sup>)**
- **Administrative Professionals Day (20<sup>th</sup>)**
- **Earth Day (22<sup>nd</sup>)**
- **Hairstylist Appreciation Day (30<sup>th</sup>)**
- **Occupational Therapy Month**
- **National Humor Month**
- **National Card & Letter Writing Month**



## Resident Birthdays

- Marti Debouf 13<sup>th</sup>
- Patty Dobbs 14<sup>th</sup>
- Sandy Mendenhall 15<sup>th</sup>
- Jim Daniels 20<sup>th</sup>
- Pam Ward 22<sup>nd</sup>
- Leon Holloway 26<sup>th</sup>
- Wilma Mott 28<sup>th</sup>

## Welcome New Residents!

- John Wickenkamp
- Hazel Grissom
- Frank Kleinendorst
- Donna Dannels
- Ethel Mae Rudloff

## Staff Birthdays & Anniversaries

- Happy Birthday to Pam Sockwriter on the 11<sup>th</sup>!
- Happy Birthday Carrie Garrington on the 20<sup>th</sup>!
- Happy Birthday Steve Adams on the 29<sup>th</sup>!
- Happy 1 Year Anniversaries to Emily Nye, Mikie Hansen, and Ian Christy!
- Happy 9 Year Anniversary to Kim Bates!





## Recipe of the Month- Upside Down Banana Cake

Preheat oven to 350. Grease a 9in. springform pan. Combine topping ingredients in bowl (1c. brown sugar, 6tbsp. melted butter, and 2 bananas thin sliced). Press mixture into bottom of pan and layer banana slices on top.

In larger bowl combine 1 1/2c. flour, 1/2tsp. baking soda, 1tsp. baking powder, pinch salt, 3/4c. brown sugar, 1/4c. white sugar, 1c. mashed bananas, 1/2c. buttermilk, 1tbsp. vanilla, 1/3c. oil, and 2 eggs. Pour this mixture on top of brown sugar and banana mixture. Bake in oven for 45 minutes. Let cake rest for about 5 minutes, then turn out onto serving platter. Enjoy!



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