

Newton Monthly Messenger

May 2022



Mother's Day Celebration

Our Mother's Day celebration will be Friday, May 6th at 2pm. We honor our mothers, their maternal bonds, and their influence on all of us!! We plan to have appetizers and refreshments, photos, and special gifts for each mom who attends. Hope everyone has a Happy Mother's Day!



National Nursing Home Week

"Creating and Nurturing Connections"

May 9-13th

We start our week off wearing our western gear! A large jewelry show is planned in the morning and a fun filled afternoon of horse racing, root beer floats, and fun jailhouse photos. Tuesday we put on our competitive sports outfits. We are playing fun games of the past like bocce ball, tic tac toe, and having yummy snacks. Wednesday is Hippie Day! We will try our luck at jumbo ring toss and get into our groove by tie-dyeing bucket hats and having snacks. Thursday is our Prom! With the help of Suncrest Hospice, we are making corsages and doing our make-up in the morning hours. Prom will start at 2pm with music by Paul Davis.

We are allowing family to attend this special event. Dress in your best attire! We end our week with Rockstar Day. We will compete in a game of DIY Hungry Hippos, followed by an afternoon of Karaoke and Cocktails with Moments Hospice. This is always a super fun week to look forward to! Join us if you can!

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Resident Birthdays!

- Deryl Lauber 2nd
- Barb Sanders 8th
- Dorothy Kleinendorst 17th
- Betteann Lynch 27th
- Marilyn Langmaid 31st
- Sandy Rozanski 31st

Staff Birthdays!

- Hillary McClurg 14th
- Caroline Ninneh 20th
- Kim Judge 24th
- Emily Nye 25th

Staff Anniversaries

- Kim Judge celebrates 13 years of service

Welcome New Residents!

- Deryl Lauber
- Sandy Simpson
- Donna Gilbertperry
- Marlene Moorman
- Jo Anne Stier

In Loving Memory...

Violet Gulling passed away in the month of April. Our thoughts and prayers go out to her family and friends. She will be missed.

Happy Nurse's Week!

National Nurse's Week is April 6-12th. We want to honor and appreciate all the hardworking nurses on the frontlines of healthcare. We recognize the contribution our nurses make to this facility and their dedication to our residents. Thank you for everything you do!

- ✦ Mikie Hansen
- ✦ Heather Dawson
- ✦ Justi Dhondt
- ✦ Pam Sockriter
- ✦ Stephanie McCready
- ✦ Lorrie Harter
- ✦ Hanna Crooks
- ✦ Emily Nye
- ✦ Lisa Damman
- ✦ Bonnie Herrin

Dementia Support Group

Mariah Fox, our Social Service Director, will be partnering with Jeff Wisnieski of Home Instead, to offer a support group for our loved ones and community members who would benefit from a safe place to learn about Dementia and gain support in caring for their loved ones. Our support group will start June 14th and run the second Tuesday of every month at 3:30pm. Please call Mariah in advance to learn more about the group and rsvp at 792-7440.

Toe Clinic!

Our Toe Clinic is making a comeback! This free clinic offers leg massages, foot soaks, toenail cutting, and painting to any seniors in our community. This will be held on the first Thursday of every month from June-September from 1-3pm. Please call Kim Judge or Katie Kuhn to make reservations for your time slot. Our first clinic starts June 2nd!

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May Highlights

- National BBQ Month-Cook-out on 25th
- National Mental Health Month-Music & Massage
- National Nursing Home Week (9-13th)-Fun Week
- National Nurse's Week (6-12th)-Making Bird Feeders for our Nurses
- National Salad Month-Salad Bar Luncheon on 18th
- May Day (2nd)
- Cinco De Mayo (5th)-Ordering in Mexican Food
- Kentucky Derby (7th)
- Mother's Day (8th)-Celebration on 6th and "Mom Show & Tell"
- Blue Jeans Birthday (20th)
- Purple for Peace Day (16th)-Wear your purple
- Memorial Day (30th)
- Fishing & Picnic Outing (24th)

Senior Health Fair

We will be at the Y from 8:30-10am on Wednesday, May 25th. Katie Kuhn, Community Liaison Director, will be there to hand out Thera bands, exercise pamphlets, and all kinds of goodies. Stop by and see her!





Summer Berry Frozen Dessert

Ingredients

- 3 cups graham cracker crumbs
- 6 Tablespoons light brown sugar
- $\frac{3}{4}$ cup unsalted butter-melted
- Berry Cheesecake Filling:
 - 16 oz. cream cheese-softened (use brick style cream cheese)
 - 1 (14 oz.) can sweetened condensed milk
 - 1 teaspoon vanilla extract
 - 4 Tablespoons fresh lemon juice
 - 2 $\frac{1}{2}$ -3 cups fresh berries (I used about 1 $\frac{1}{4}$ cup blueberries, $\frac{3}{4}$ cup raspberries and $\frac{1}{3}$ cup diced strawberries)

Instructions

In a bowl stir together graham cracker crumbs and brown sugar. Then add melted butter and stir well until evenly moistened. Grease bottom of 9×9 in. dish with non-stick spray. Press almost $\frac{2}{3}$ of the mixture in the bottom of the dish and chill in the freezer while making the filling. To make the filling using an electric mixer set at medium-high speed, beat the cream cheese in a large bowl until smooth. Beat in the condensed milk a little at a time, scraping the sides of the bowl, as necessary. Beat in the lemon juice and vanilla. Finally, fold in berries. Spread the filling over chilled crust and sprinkle with remaining crumbs. Freeze at least 5-6 hours or overnight.